

What to pack for the ACCA Co-operative Youth Leadership Program!! Grad Program



**** Please label everything that is coming to the program. We cannot return anything not labelled****

**** Luggage space on the bus is limited! You may only bring one suitcase, one small carry-on and one sleeping bag****

Clothing

- Socks & underwear (7)
- Appropriate pajamas that can be worn in public
- Shorts (2-3)
- *no** short shorts & spandex shorts *
- Long pants (2-3)

- T-shirts/tank tops (7)

***no** midriff tops

- Sweatshirt (2-3)
- Jacket
- Wind/rain jacket
- Hat
- Appropriate bathing suit w/ cover up to wear to/from the lake
- One set of clothes for the banquet

Toiletries

- Towel & facecloth
- Towel for waterfront
- Toothpaste, toothbrush, floss
- Brush or comb
- Shampoo, conditioner, soap
- Sunscreen & chap stick
- Bug spray
- Feminine supplies (if needed)

Bedding

- Sleeping bag, pillow & pillow case
- Blanket & twin fitted sheet to cover mattress (optional)

Footwear

- Running shoes (closed toes)
- Sandals
- Water shoes or flip flops
- Dressy shoes/sandals for banquet (1)

Other

- Prescription medication, including ALL inhalers, OTC's etc with an authorized note from guardian to be handed in at registration.**
- Water bottle
- Sunglasses
- Flashlight
- Plastic bag (for dirty/wet items)
- Camera (optional)
- Secret Friend gift (\$1 or less) Gift you made yourself preferred
- Approximately \$20 (small bills or change) for the canteen
- Canada Day wear- red/white
- Favorite team shirt or jersey
- Wacky hat

GRAD PARTICIPANTS- A 3-5 minute **PREPARED** presentation that highlights a skill/strength/ability that you have (can be in the form of art, music, dance, skit, hobby etc- BE CREATIVE

What NOT to bring: CELL PHONES, ipads, ipods & electronics, knives, tobacco products etc